

Introducing the new Testogel® (testosterone) 40.5 mg, transdermal gel in sachet

Your new testosterone therapy.



The key information you need to know about your new Testogel® therapy is provided in this leaflet to ensure you get the most out of your treatment.

BESINS
HEALTHCARE
Innovating for Well-being

Testogel
(testosterone)

Switching from Testogel® 50 mg to Testogel® 40.5 mg, transdermal gel in sachet

You may have previously used Testogel® 50 mg, transdermal gel in sachet to manage your testosterone deficiency, but have now been prescribed Testogel® 40.5 mg, transdermal gel in sachet instead.

Testogel® 50 mg, transdermal gel in sachets will be available until March 2022 then will be replaced by Testogel® 40.5 mg, transdermal gel in sachets.

What are the main differences between my old and new treatments?

Less volume of gel needed - Testogel® 40.5 mg, transdermal gel in sachet is a more concentrated gel than Testogel® 50 mg rather than a stronger preparation, meaning less volume of gel is required to apply the recommended dose.^{1,2} Please refer to your prescription.

Different application sites - Testogel® 40.5 mg should only be applied on the shoulders and upper arms rather than the abdomen (stomach area) where you may have been applying your previous Testogel® 50 mg treatment.^{1,2}

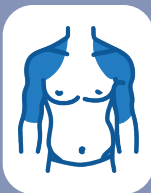
Similar side effects, but not identical - The side effects of Testogel® 40.5 mg, transdermal gel in sachet are very similar to your previous Testogel® 50 mg treatment, but not identical. The most commonly reported side effects for both treatments are the same: irritation, dryness of skin and acne.^{1,2} However, for Testogel® 40.5 mg, transdermal gel in sachet, prostate abnormalities have also been reported as an uncommon side effect.¹ Please refer to the package leaflet for a full list of side effects.

MedDRA System Organ Class	Common (may affect up to 1 in 10 people)	Uncommon (may affect up to 1 in 100 people)
Psychiatric disorders		Changes to your mood
Nervous system disorders		Dizziness
Vascular disorders		An increase in blood pressure
Gastro-intestinal disorders		Diarrhoea
Skin and subcutaneous tissue disorders	Irritation, skin dryness, acne	Hair loss
Reproductive system and breast disorders		Development of painful, tender or enlarged breasts, changes to your prostate
General disorders and administration site conditions		Headaches
Investigations		Increase in red blood cell count

I was prescribed 2 x 50mg sachets to apply every day. How many 40.5mg sachets will I now need?

We recommend discussing the transition to your new sachet and dosing with your prescribing doctor. The maximum daily dose of Testogel 40.5 mg sachets is 81 mg (2 sachets/day). When moving over to your new medication, your doctor should monitor you closely to ensure you are on the correct dosage and your symptoms are correctly managed.

Apply Testogel® 40.5 mg, transdermal gel in sachet using 3 simple steps, each day¹



1. Apply

- Apply a thin layer of Testogel® 40.5 mg, transdermal gel in sachet onto clean, healthy skin, over the upper arms and shoulders, once-a-day
- Leave 3–5 minutes to dry before dressing
- DO NOT apply to the genital areas (penis and testes) or abdomen Please note, this product contains alcohol (ethanol 96%) and is flammable until dry.



2. Wash your hands

- With soap immediately after applying gel
- Wait at least 1 hour after gel application before you bathe, shower or swim.



3. Cover up

- After the application area dries it should be covered with clothing
- If someone else comes into contact with the application site, they should wash the affected area with soap and water as soon as possible
- Report any signs of testosterone exposure to your doctor, such as: acne or changes to your hair, deepening of the voice or changes in menstrual cycle.

We are here to support you through your journey

You will have access to resources to support you on your Testogel® 40.5 mg gel treatment journey, as well as helpful and digestible information to manage your condition and get the best from your treatment.

The Testogel® patient website is free and easy-to-use, with a range of personalised features designed with you in mind.

The T Track App
Personalised tools to
manage your treatment
in one handy place.



Download on the
App Store



Get it on
Google Play



Visit the
Testogel®
website

Visit www.testogel.co.uk/patient to stay informed about your testosterone deficiency.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard. By reporting side effects, you can help provide more information on the safety of this medicine.

References

1. Testogel® 40.5 mg, transdermal gel in a sachet – patient information leaflet - <https://www.medicines.org.uk/emc/product/13255/pil>. Accessed March 2022.
2. Testogel® 50 mg, transdermal gel in sachet – patient information leaflet - <https://www.medicines.org.uk/emc/files/pil.6808.pdf>. Accessed March 2022.